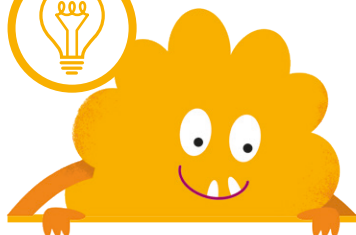


IS THAT YOU LITTLE BEAR?

by Rob Hodgson



Little Bear is good at hiding and Mama Bear needs your help to find him!

Join Mama Bear on her search through the forest and look behind each flap.



Play Peek A Boo with your child's favourite bear



Did you know that your baby's age affects how they play peek-a-boo?

Watch the video to find out more:
<https://pathways.org/watch/parents-guide-to-stages-of-peek-a-boo/>



Playing with Porridge Oats

Introduce your baby to new textures, such as porridge oats. Pour oats into a tray or a bowl and let your baby explore. Try describing how they feel as your baby plays.

Do not leave your baby unattended with this activity.

Playing Together at Mealtimes

Did you know that talking together at mealtimes can help your baby's brain develop? Have a 'Teddy Bear's Picnic' outside and chat to your baby.



Watch a playful family mealtime:

<https://www.bbc.co.uk/tiny-happy-people/playing-at-mealtime/zng6kmn>

5 Little Bears Finger Rhyme



*One little bear wondering what to do,
Along came another and then there were two!
Two little bears climbing up a tree,
Along came another and then there were three!
Three little bears ate an apple core,
Along came another and then there were four!
Four little honey bears found honey in a hive,
Along came another and then there were five!*

Touch each of your little ones fingers as you say the rhyme and add an action or sound e.g. pretend to eat their fingers when saying 'ate an apple core'.