

Week 4: Visual

Last week we talked about using visual supports to break down steps within a task or lesson...

How did you get on?

If you haven't had a go, don't beat yourself up...
Some barriers to this are:

- remembering!
- over-complicating it
- not seeing an immediate result

Remembering

Try keeping a pack of post its and a pen in a plastic wallet hanging from your desk

Over complicating it

You don't need all singing, all dancing, art gallery level pictures - very simple stick images or key words are useful.

It often works best if you draw it with the child in front of you so they can see the meaning each line holds.

Not seeing an immediate result

Remember, change takes time!
If you are introducing a new approach that places demands on the student, there may be initial resistance.
Persevere!

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It takes about 30 days to form a habit. The ones that are good for you require cultivation and determination...

If you have a certain topic you would like tips on, email rebecca.duffus@cognus.org.uk