



THE PAVING THE WAY POST for children by children

TAKE A PEEK

- PROBLEM BUSTERS
- BOOK REVIEWS
- I'M BORED
- PTW PERSEVERERS
- PAMPER PAGE
- TOP TIPS
- PTW SHOUT OUT

ISSUE 1: AUTUMN TERM
2021



STANLEY PARK JUNIOR SCHOOL GET THINKING

A GROUP OF CHILDREN FROM STANLEY PARK JUNIOR SCHOOL WHO HAVE ACCESSED THE PAVING THE WAY SERVICE GOT THEIR THINKING CAPS ON THIS TERM AND CAME UP WITH SOME FANTASTIC IDEAS

WHAT IF YOU WERE FEELING ANXIOUS ABOUT STARTING WORK WITH PAVING THE WAY?

WHAT IF YOU STRUGGLE TO CONCENTRATE AT SCHOOL?

WHAT IF YOU FIND IT HARD TO MAKE OR KEEP FRIENDS?

WHAT IF YOU WORRY A LOT?

WHAT IF THINGS ARE A BIT TOUGH AT HOME?

THIS NEWSPAPER HAS BEEN DESIGNED FOR CHILDREN BY CHILDREN AND WILL AIM TO SUPPORT YOU ALONG YOUR PRIMARY SCHOOL JOURNEY AND BEYOND



PROBLEM BUSTERS

WE ALL HAVE THINGS WE WORRY ABOUT PUPILS AT STANLEY PARK JUNIOR SCHOOL HAVE PUT THEIR HEADS TOGETHER TO SOLVE A FEW OF THEIR OWN WORRIES. HAVE A LOOK, YOU MIGHT FIND YOU HAVE A SIMILAR PROBLEM..... CAN YOU MATCH THE PROBLEM TO THE SOLUTION

MY FRIENDS AREN'T REALLY INCLUDING ME ANYMORE

WE HAVE A NEW TEACHER AND I AM A BIT SCARED TO ASK A QUESTION

THE LUNCH HALL IS TOO NOISY AND SMELLY

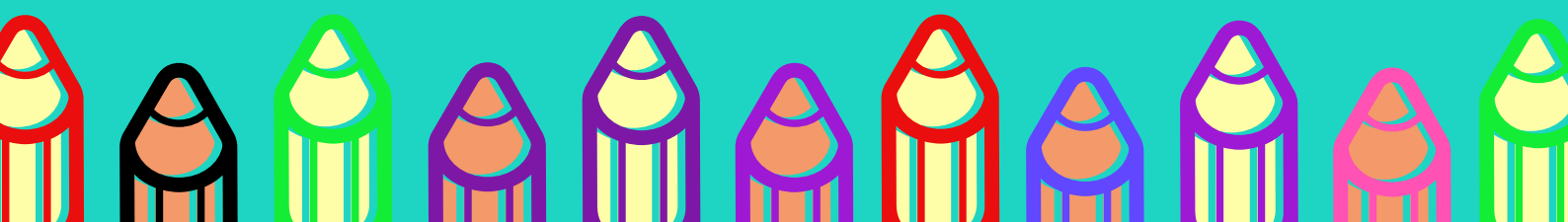
MY UNIFORM IS REALLY UNCOMFORTABLE

SOLUTIONS

- TRY TO MAKE NEW FRIENDS, PEOPLE YOU DON'T TALK TO IN YOUR CLASS COULD BE SUPER NICE
- TRY TO GET TO KNOW YOUR TEACHER MORE, HE/SHE COULD BE REALLY NICE
- TELL A PARENT, THEY SHOULD BE ABLE TO HELP YOU OUT
- TELL THEM HOW YOU FEEL AND WHY SO THEY KNOW AND CAN TRY TO INCLUDE YOU A BIT MORE
- JUST DO IT, YOU MAY BE SCARED BUT WHEN YOU DO YOU WILL BE HAPPY AND NOT SCARED TO DO IT AGAIN
- TRY TO PUT IT ON AND THEN DO SOMETHING YOU LIKE TO IGNORE IT AND EVENTUALLY IT WILL BE LESS UNCOMFORTABLE
- MAYBE YOU COULD HAVE SOMETHING THAT HAS THE THING YOU NEED TO DO ON A CHECKLIST. =)

'I LEARNT TO REMEMBER THINGS, YOU SMASH THINGS TOGETHER LIKE SOMETIMES I FORGET TO GET DRESSED INSTEAD OF WATCHING MY PHONE AND INSTEAD OF EATING MY BREAKFAST I JUST LOOK OR STARE AT MY PHONE OR LOOK OUTSIDE OR TALK TO MY DAD.'

TOMMY STANLEY PARK JUNIORS





BOOK REVIEW

THIS TERM THE CHILDREN HAVE REVIEWED 2 BOOKS THAT HELP US TO UNDERSTAND OUR EMOTIONS

YOU CAN FIND THE STORIES HERE:

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=BWFLRQ7SEMk](https://www.youtube.com/watch?v=BWFLRQ7SEMk)

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=ATGOZBWKGGY](https://www.youtube.com/watch?v=ATGOZBWKGGY)

WHAT WAS THE BOOK ABOUT?

WHAT DID YOU LIKE?

WAS THERE ANYTHING YOU DIDN'T LIKE?

WHO WOULD YOU RECOMMEND THIS BOOK TO?

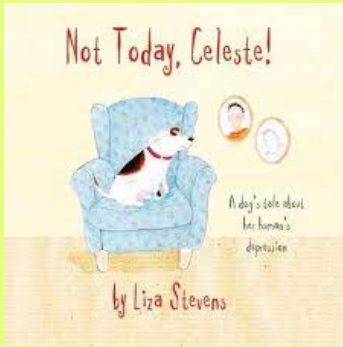
WHAT HELPFUL TIPS COULD YOU USE?

STAR RATING 1-5

PLEASE LET US KNOW IF THERE ARE ANY BOOKS YOU HAVE FOUND REALLY USEFUL, IT WOULD BE GREAT TO SHARE THEM,

YOU CAN FIND OUR EMAILS ON THE BACK PAGE

SOME THOUGHTS FROM SPJ BOOK REVIEWERS



'THE BOOK WAS ABOUT A DOG WHO'S OWNER WAS DEPRESSED'

'I DIDN'T LIKE IT WHEN THE DOG WAS CRYING'

'I LIKED IT WHEN PEOPLE HELPED THE OWNER'

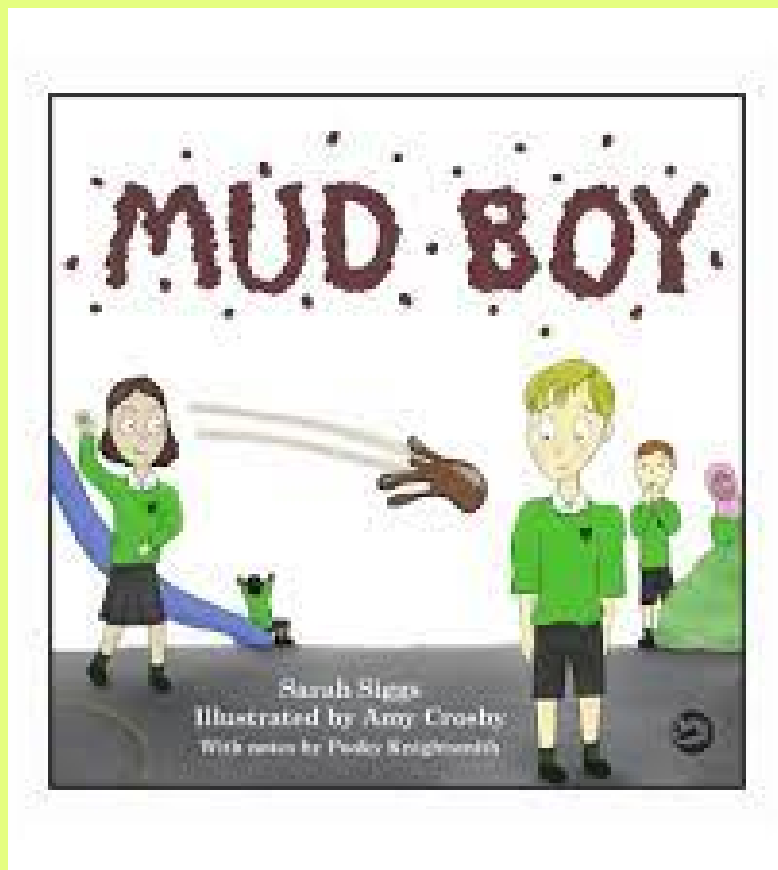
'I WOULD RECOMMEND THE BOOK TO ANYONE'

'GET PEOPLE TO HELP YOU IF YOU ARE DEPRESSED' (TIP FROM THE BOOK)

'NOT NOW CELEST: I LIKE THIS BOOK BECAUSE IT TELLS HOW YOU CAN TELL SOMEONE TO MAKE IT FEEL BETTER FOR YOU JUST LIKE CELEST DOES. AND THE BOOK, NOT NOW CELEST ALSO TELLS YOU HOW THINGS CAN GO AFTER A WHILE' SAM HARRIS JNR

STAR RATING





IF YOU WOULD LIKE TO SEND IN A REVIEW YOURSELF WE WILL INCLUDE YOUR COMMENTS TOO!!

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=ATGOZBWKGGY](https://www.youtube.com/watch?v=ATGOZBWKGGY)



'ABOUT A BOY WHO WAS GETTING TEASED. HE FOUND OUT IF HE TOLD SOMEONE IT MADE HIM FEEL BETTER. HE FOUND OUT OTHER PEOPLE HAD THE SAME PROBLEM AND HE HELPED THEM AND HE COULD RELATE BETTER'

'DIDN'T LIKE THAT PEOPLE WERE BEING MEAN'

S.S - CHEAM COMMON JUNIORS

'I LIKED IT,IT WAS SOMETHING THAT CAN HAPPEN. IT CAN HELP PEOPLE WHO ARE UPSET SOLVE IT'

'MUD BOY: I THINK THIS BOOK IS VERY GOOD BECAUSE IT TEACHES YOU ABOUT BULLYING AND IT TEACHES HOW YOU SHOULD STAND UP FOR PEOPLE WHO ARE BEING BULLIED, IN THE PART WHERE SAM SHOUTED STOP! AND THE PERSON WITH MUD WORDS WALKS AWAY - SAM HARRIS JNR

SEND YOUR REVIEWS USING THE LINK BELOW

[HTTPS://FORMS.OFFICE.COM/R/JZBNGTGPNPK](https://forms.office.com/R/JZBNGTGPNPK)

I'M BORED!

SHARE YOUR IDEAS ON WHAT TO DO TO WHEN YOU ARE FEELING FED UP. YOU MAY HAVE TRIED OUT SOME NEW THINGS IN THE HOLIDAYS OR VISITED SOMEWHERE REALLY COOL



JOIN A CLUB-
I'M IN TAI KWONDO
AND IT'S REALLY FUN

'ASK MY MUM IF I CAN
PHONE MY AUNT
OR FACETIME A FRIEND'
SS- CHEAM COMMON JUNIORS

SLEEP ON IT AND
START AFRESH
TOMORROW

GO TO A
PLAYGROUND AND
JUMP ON THINGS

IF YOU ARE BORED
THEN TRY ROLLING
YOUR HEAD FROM SIDE
TO SIDE AND RELAX
YOUR PULSE

DRAWING AND
COLOURING IN
ARE FUN

PLAY A GAME

PAVING THE WAY PERSEVERERS

SLAY
THE
DAY

enjoy

I can
&
I will

just
breathe

GOAL
Getter

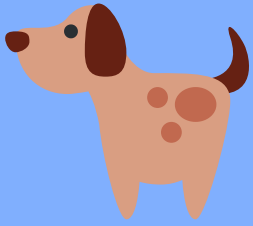
HAVE YOU TRIED ANYTHING NEW LATELY? OR HOW ABOUT SOMETHING THAT HAS BEEN TRICKY AND HAS BEEN BUGGING YOU FOR AGES, SOMETHING THAT MAKES YOU FEEL ANXIOUS AND YOU DIDN'T GIVE UP, TELL US ABOUT IT, NOW IS YOUR TIME TO SHINE



'IN YEAR 3 I WAS BULLIED BUT I HAD MY MUM AND DAD TO SUPPORT ME,



THERE USED TO BE A GIRL WHO WAS MEAN TO ME AND I ASKED HER TO STOP. WE TOLD THE TEACHER AND SOMETIMES IT FELT THAT HER SIDE WAS BEING TAKEN. MY MUM AND FRIENDS HELPED ME. IF THIS HAPPENED AGAIN I WOULD TRY AND BLOCK IT OUT AND IGNORE IT, IF I NEEDED TO I WOULD TELL AND ADULT



I HAD A DOG BUT WE WERE NOT ABLE TO KEEP HIM BECAUSE OF HIS BEHAVIOUR. IT MADE ME FEEL VERY UPSET. I HAD THE SUPPORT OF SOME FRIENDS AND MY MUM. I KNOW HOW HARD IT WAS FOR ME TO SAY GOODBYE TO MY DOG



CROSS COUNTRY TRY- OUTS....I WAS VERY WORRIED ABOUT HOW MANY PEOPLE I WAS UP AGAINST BUT MY FEELING WERE TURNED INTO POSITIVE ENERGY



I TRIED OUT FOR THE FOOTBALL TEAM AND MADE IT. THIS MADE ME VERY HAPPY. IT WAS NICE TO BE IN A TEAM WITH SOME OF MY FRIENDS





'THERE WAS THIS GIRL WHO, EVERYDAY IN INFANTS, WAS REALLY MEAN TO ME. SHE WOULD LEAVE ME OUT AND IGNORE ME. SHE WAS MEAN TO ME ON A VIDEO CALL AND I WAS REALLY UPSET. I TOLD MY MUM AND I FELT MUCH BETTER. NOW I HAVE MY OWN SET OF FRIENDS AND I PLAY WITH PEOPLE IN OTHER CLASSES'



**HAVE A BATH & HOT
CHOCOLATE**

**HAVE A GLASS OF WATER
READ A BOOK
DANCE!
PUNCH THE AIR**

PAMPER PAGE

**WHAT HELPS YOU
RELAX?**

**CHILL WITH
FRIENDS**

**I LIKE TO PAMPER MY GUINEA PIGS. IN
THE SUMMER I GIVE THEM A BATH, IT'S
REALLY FUN. I CUT THEIR NAILS AND
BRUSH THEIR HAIR. I KNOW THEY LIKE IT
BECAUSE THEY PURR
SS- CHEAM COMMON JUNIORS**

**MANDALA
COLOURING**

**HAVE A
SIT DOWN**

**HUG AN ANIMAL
OR FAMILY OR FRIEND**

**HAVE FUN,
FORGET YOUR FIGHT
OR DISAGREEMENT,
PLAY WITH A RUBIX CUBE
OR POP IT**

**SEND YOUR IDEAS - CLICK ON THE LINK BELOW
[HTTPS://FORMS.OFFICE.COM/R/JZBNGTGPNPK](https://forms.office.com/r/JZBNGTGPNPK)**

THE ADVENT CHALLENGE

ADD AN AFFIRMATION TO COMPLETE THE CALENDAR



CLICK ON THE LINK TO ADD AN AFFIRMATION

[HTTPS://FORMS.OFFICE.COM/R/JZBNGTGPNK](https://forms.office.com/R/JZBNGTGPNK)

DECEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 I BELIEVE IN ME	2	3 'BE KIND TO EACH OTHER' Y - TWEEDDALE	4
5	6 'YOU CAN DO ANYTHING YOU PUT YOUR MIND TO' N.C- AVENUE	7	8	9 THINK OF SOMETHING FUN THAT IS HAPPENING AT SCHOOL TODAY	10	11
12 I LOOK SUPER COOL TODAY	13 IT'S NEARLY CHRISTMAS!	14 TODAY IS JOURNALIST M.D'S BIRTHDAY	15	16	17	18
19	20	21	22	23 TODAY IS JOURNALIST JL'S BIRTHDAY	24	25
26	27	28	29	30	31	