Supporting Executive Functions

Executive functions are 'higher-order' cognitive processes, such as:

–Planning

–Sequencing

–Reasoning

–Holding attention to a task (starting, stopping, changing)

To support sequencing, break down the steps involved to complete a task.

For example:

Instruction on the board: Find and copy one word or phrase which shows the leader was on top of a horse.	You could write on a whiteboard/mini whiteboard/post-it note: 1. Read paragraph 2. Highlight useful section 3. Pick key word 4. Write it down

If you have a certain topic you would like tips on, email rebecca.duffus@cognus.org.uk

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