

HELPING EARLY SUPPORT FOR EMOTIONALLY BASED SCHOOL AVOIDANCE

ReThink It Project

What: Working with carer and child in a small group setting to manage anxiety and improve school attendance.

Eligibility: All Pupils between years 4-7 within the borough are eligible

Referral: Direct to STARS

EWP/MHSTs/ Trailblazers

What: Clinical, evidence-based interventions for child and parents/carers. Consultations to school staff.

Eligibility: Mild-moderate MH issues (e.g. anxiety, low mood). Child not previously seen by CAMHS. Child/parent motivated to change.

Referral: Direct via in-school practitioner.

EBSAndFlows-J4U

What: Whole family support for 50 children. C&F Outcome STARS tools used to assess and address need.

Eligibility: Child aged 6-16. Cumulatively below 80% attendance and efforts by school haven't been successful. Consenting for help. T2 on Sutton Threshold of Need.

Referral: Via VPP.

Targeted Early Help

What: Whole family support from a Specialist Support Worker following completion of EHAT and family plan.

Eligibility: Families must meet at least 3 Supporting Families criteria. T2 on Sutton Threshold of Need.

Referral: Via CFCS.

CAMHS/Off the Record

What: Targeted short term therapy (e.g CBT) or counselling

Eligibility: Enduring and moderate to severe complex MH disorders which impact on daily functioning. Or may have a developmental difficulty.

Referral: Referral form

STARS - Outreach

What: Bespoke package of time-limited support for pupils unable to attend their mainstream setting due to EBSA.

Eligibility: All pupils attending a Sutton School.

Referral: Outreach referral form directly to STARS

Support to be considered in conjunction with p12-13 EBSA Guidance Document

Increasing level of need