



EDUCATIONAL PSYCHOLOGY SERVICE PARENT/CARER INFORMATION SHEET



Educational Psychologists apply their knowledge of psychological theory and research to promote inclusion of all and to support the solving of complex problems. In schools this is often related to concerns about an individual pupil, but EPs are skilled in working systemically with organisations to address institutional concerns and regularly undertake training and supervision for school staff. We also support schools if there has been an emergency.



A school may suggest an Educational Psychologist become involved if there are concerns about a pupil's learning, emotional well-being, social skills, engagement with learning, attendance or behaviour. There may also be a group or intervention running which your child would be appropriate for.



The Cognus Educational Psychology Service uses consultation as their model of service delivery. This means that we will seek to engage parents/carers as well as school staff in identifying the concern at hand as well as possible solutions. Inclusion and putting the needs of the child first and the centre of everything we do is very important to us.



EPs may do some or all of the following:

- Observe your child in class
- Talk to the people involved: you, educational staff, and other professionals
- Talk with your child to gain their views and carry out assessments which identify their strengths and any areas for development
- Provide a written summary of involvement or agreed strategies

ABOUT US

Educational Psychologists work with children and young people aged 0-25 in a variety of educational settings to improve educational outcomes and well-being.

All Educational Psychologists have a postgraduate qualification in psychology, such as a Masters or Doctorate qualification, and all are registered with the Health and Care Professions Council (HCPC). We also have several trainees working in the team each year who are working to complete their Doctorates and who may be linked to your child's school. Trainees are supervised by an HCPC registered Educational Psychologist.

CALL BACK SERVICE

Parents and carers are now able to contact the Educational Psychology Service for a call back. This service provides a one-off consultation about a concern you may have. This does not constitute a referral into the service, and you will not receive a written report. [Please log your interest here.](#) We also run parent workshops and courses – please ask your school SENCO for further information.

EP requests

In Sutton EPs are commissioned by schools who buy a package of hours. It is the decision of the SENCO, in negotiation with the school EP, how they use their time in although they will always seek your consent.

For further info

Please see the [Cognus website](#) for other resources and useful information about the service.

Feedback

We are also seeking feedback from parents and carers who have had involvement with the service. Please [click the link here](#) if you wish to provide feedback.

