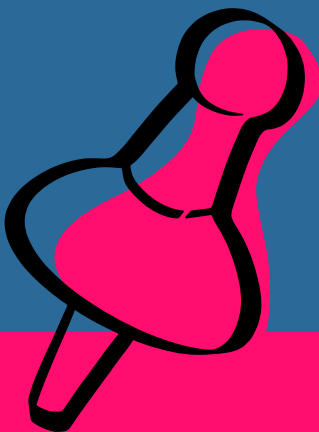


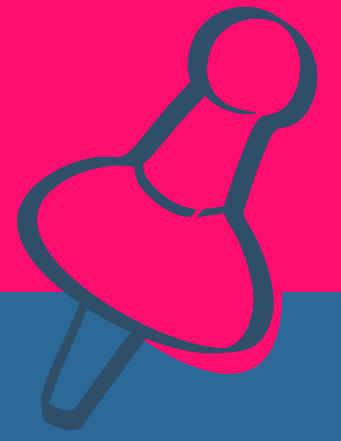
CARER AND PCLA PARENT SUPPORT MENU: AUTUMN 2025



Date & Time	Venue	Training
Tuesday 21 st October 2025 11.30am-12.30pm	In- person Cantium House, Railway Approach, Wallington SM6 0DZ	Managing emotions and behaviours in the home (1 Hour Workshop) Target Audience: All carers, Kinship and SGO carers and parents of adopted children How to book: Click here to sign up
Tuesday 25th November 2025 12pm-1pm	Online session - upon sign up a link will be sent to you	Navigating education, useful information for PEPs and supporting learning (drop-in slots) Target Audience: Foster Carers How to book: Click here to sign up
Tuesday 25th November 2025 1pm-2pm	Online session - upon sign up a link will be sent to you	Navigating the education system (drop-in slots) Target Audience: Kinship Carers, SGO and adoptive parents How to book: Click here to sign up
Monday 8 th December 2025	Upon sign up the bitesize email will be sent on Monday 8 th December	A bitesize email: Practical ideas and support to help reading and learning in the home Target Audience: All carers, Kinship and SGO carers and parents of adopted children How to sign up: Click here

FOSTER CARERS: For information on the Therapeutic Hub’s **DBT sessions (Dialectical Behaviour Therapy)** please enquire via your Supervising Social Worker for further information and referrals. (Due to start October 2025).

CARER AND PCLA PARENT SUPPORT, SPRING AND SUMMER 2026



Date & Time	Venue	Training
Thursday 8th January 2026 9.30-10.30am	Online session - upon sign up a link will be sent to you	Practical ideas and strategies for supporting attendance for children and young people (1 hour workshop) Target Audience: All carers, Kinship and SGO carers and parents of adopted children How to book: Click here to sign up
Monday 23rd February 2026 1pm-2.30pm	In- person Cantium House, Railway Approach, Wallington SM6 0DZ	Understanding neurodiversity and the overlap with childhood developmental trauma (1.5 hour workshop) Target Audience: All carers, Kinship and SGO carers and parents of adopted children How to book: Click here to sign up
Thursday 16th April 2026 9.45-10.45am	In- person Cantium House, Railway Approach, Wallington SM6 0DZ	A wellbeing workshop delivered by Careena, Therapeutic Hub Specialist (1 hour workshop) Target Audience: All carers, Kinship and SGO carers and parents of adopted children How to book: Click here to sign up
Monday 1st June 2026 1pm-2pm	In- person Cantium House, Railway Approach, Wallington SM6 0DZ	Transition support for schools and placements (1 hour workshop) Target Audience: All carers, Kinship and SGO carers and parents of adopted children How to book: Click here to sign up

FOSTER CARERS: For information on the Therapeutic Hub's **DBT sessions (Dialectical Behaviour Therapy)** please enquire via your Supervising Social Worker for further information. (Due to start October 2025).