

REFLECTIVE SAFEGUARDING SUPERVISION

What is Reflective Supervision?

The purpose of reflective safeguarding supervision is to enable the Designated Safeguarding Leads to have protected time to reflect on practice, as well as providing support with emotional well-being, resilience.



WHO IS IT FOR?

Designated Safeguarding Leads

Safeguarding Teams

Pastoral Staff

Senior Leadership

Family Support Workers

**FOR MORE INFORMATION
PLEASE VISIT OUR
WEBSITE**

**[WWW.COGNUS.ORG.UK/SE
RVICES/SAFEGUARDING/](http://WWW.COGNUS.ORG.UK/SE
RVICES/SAFEGUARDING/)**

The Cognus Education Safeguarding Team and Educational Psychology Service have expanded the current Reflective Safeguarding Supervision offer to facilitate Group Supervision Sessions, Bespoke Group Supervision Sessions, 1:1 Supervision Sessions and Adhoc Sessions for Designated Safeguarding Leads (DSLs) and Safeguarding Teams.

We recognise the hugely important role that DSLs and Safeguarding Teams fulfil in your schools and settings, and we have been facilitating successful Group Supervision Sessions for the last 3 years with hugely positive feedback.

Why is supervision so valuable?

Please take some time to listen to the podcasts below to hear why we truly believe in the importance of supervision:

Able to Care Podcast – July 2024

<https://youtu.be/2i3y9q8mLB8?si=0hVbUXyYLjt-9VoQ>

Coffee O’Clock Podcast – August 2024

<https://youtu.be/ITRChPRQ5s?si=-3y2svHCYwWY5FcI>

Testimonial

To find out more about the range of services our Education Safeguarding, Education Psychology and wider Cognus teams can offer, please visit www.cognus.org.uk

‘Supervision helps me to see things differently. In this role you never feel that are doing a good enough job. You constantly worry about missing something and we are talking about children’s lives. This session is a safe, reflective space to talk about how I am really feeling’ (Primary DSL, January 2024).