



EDUCATIONAL PSYCHOLOGY SERVICE – SPRING 2025



We have another busy term ahead of us and wanted to share some of the exciting events you can sign up to. We have a range of fully funded trainings for any member of staff to attend being held at Cantium House and also through the LBS offer. The latter includes 'Executive functions and their role in learning' on the 4th March – [sign up here](#).

Thank you to all of you who have been involved in the second phase of the BSF project run by Kate and the new A-LIST literacy training run by Joe. Your participation and motivation underpins the success of both initiatives. Stayed tuned for information about another innovative Autism focused action research project coming soon ...

ACTIVATED LEARNING TRAINING, CANTIUM HOUSE 29.01, 13:00–16:00

A fully funded session focused on Activated Learning – an approach to educating and improving executive functioning skills in pupils.

THE IMPORTANCE OF PLAY 13.03, 13:00–16:00

Fully funded training exploring the psychology and research of evidence-based play at the universal and targeted levels. Sign up for both by emailing ep.service@cognus.org.uk

TRAINEE EDUCATIONAL PSYCHOLOGY RESEARCH

Year 2 trainee Tonika Ashley is recruiting participants for her thesis which is seeking to explore the impact of journalling on mood and attributional style. Year 8 and/or year 9 pupils will engage in 15-minute tutor-period journalling sessions (gratitude or positive affect journalling) 3 times a week. If eligible, your school will receive resources and support throughout this exciting opportunity! For further details contact Tonika.Ashley@cognus.org.uk

COME AND FIND OUT MORE ABOUT EDUCATIONAL PSYCHOLOGY ASSISTANTS

Since September we have had two Educational Psychology Assistants working in the team. These members of staff work full-time in settings and support the recommendations of the link EP as well as increasing school capacity to embed good practice for pupils with SEND. If you would like to know more we are running an online information session on March 18th from 16:00–16:45. Sign up by emailing ep.service@cognus.org.uk



REMINDERS

A good way of using EP hours to support an increased number of children and young people is through workshops for parents/carers. Some well received examples recently have included:

- Emotion Coaching
 - Literacy training running alongside a literacy intervention for pupils
 - Understanding Autism and ADHD
- Contact your link EP for more information.



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Educational Psychology Service