

# EDUCATIONAL PSYCHOLOGY LBS LEARNING AND DEVELOPMENT TRAINING

SCHOOL STAFF CAN ACCESS FREE TRAINING THROUGH THE LBS TRAINING OFFER DELIVERED BY THE EDUCATIONAL PSYCHOLOGY SERVICE. SEE BELOW FOR A LIST OF THE COURSES RUNNING THIS AND NEXT ACADEMIC YEAR

## 2025

1 <sup>st</sup> July	<u>Dyslexia and literacy difficulties</u>
9 <sup>th</sup> July	<u>ADHD and attention difficulties</u>
23 <sup>rd</sup> September	<u>Introduction to developmental trauma</u>
1 <sup>st</sup> October	<u>Pathological Demand Avoidance (PDA)</u>
7 <sup>th</sup> October	<u>Emotionally based school avoidance</u>
21 <sup>st</sup> October	<u>Children's emotional and mental health needs</u>
11 <sup>th</sup> November	<u>ADHD and attention difficulties</u>
25 <sup>th</sup> November	<u>Adolescent emotional and mental health needs</u>

ALL SESSIONS  
RUN FROM  
13:00- 15:00  
AT  
SUTTON CIVIC  
CENTRE

CLICK ON  
THE COURSE  
TITLE TO  
BOOK

## 2026

22 <sup>nd</sup> January	<u>Adolescence brain development</u>
5 <sup>th</sup> February	<u>Emotion Coaching</u>
3 <sup>rd</sup> March	<u>Emotionally based school avoidance</u>
17 <sup>th</sup> March	<u>Executive functions and their role in learning</u>
24 <sup>th</sup> March	<u>ADHD and attention difficulties</u>

FOR ALL OTHER  
ENQUIRIES:

[EP.SERVICE@COGNUS.ORG.UK](mailto:EP.SERVICE@COGNUS.ORG.UK)

TEL: 020 8323 0456

WEBSITE: [EDUCATIONAL  
PSYCHOLOGY – COGNUS](#)