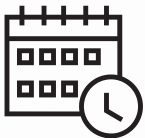


# ELSA Development Day

A workshop for ELSAs to provide a framework with practical resources for supporting the emotional wellbeing of children and young people with additional needs.



Date

**26th November 2025**

Time

**09.00 - 3.00**

Venue

**Cantium House,  
Wallington, SM6 0DZ**

Cost

**£55**

Booking a place

**[ep.service@cognus.org.uk](mailto:ep.service@cognus.org.uk)**

The session includes:

- Using an assessment and monitoring tool.
- Practical resources to use for children with additional needs.
- Adapted Cognitive behavioural approaches.

This workshop is aimed at ELSAs who may work with children of all ages with additional needs in both mainstream and specialist settings.