

Autumn Term 2025

## Parent Workshops

Please encourage parents to sign up to our parent workshops at Cantium House (09:30–11:30):

**6 Oct** Child Emotional Regulation

**13 Nov** Social Media & Online Influences

**26 Jan** Supporting Literacy at Home

**12 Feb** Supporting Maths at Home

They can reserve a place by emailing us directly at:  
[ep.service@cognus.org.uk](mailto:ep.service@cognus.org.uk)

Welcome to the latest Edition of the EP Newsletter! As the new academic year gets underway, we're offering a varied programme of training including Activated Learning, Precision Monitoring and Trauma Informed Intervention to name but a few. Our EP Service is excited to launch a new series of parent workshops on emotional regulation, online influences, and learning at home, and we're also hosting not one but two Development Days focusing on whole-school approaches to emotional wellbeing, inclusive practice, and collaborative problem-solving. We hope this newsletter offers practical insights and inspiration for the term ahead. Thank you.

## NETWORKING & DEVELOPMENT DAYS

The EBSA Network event took place on 29th September and brought together over 30 attendees for updates, best practice sharing, local speakers and networking opportunities.

### Book a space on our upcoming development Days:

**20th Oct 25 - Suicide:** Exploring attitudes around suicide and managing difficult conversations with young people.

**This is open to all staff.** Click [here](#) to book.

**11th Nov 25 - Additional needs:** A workshop for ELSAs offering practical tools to support the emotional wellbeing of children with additional needs. Click [here](#) to book.

## Unlocking the Power of Playtime: Inclusion, Wellbeing & Learning

Did you know primary pupils spend up to 20% of their week in the playground (that's 1.4 years of their time at primary school)?

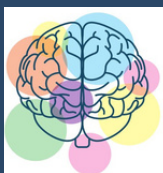
Playtimes are a huge opportunity to support inclusion and ensure all children - including those with SEND - feel safe, connected, and ready to learn.



When thoughtfully supported, they can boost wellbeing, drive down behaviour incidents, and strengthen classroom engagement. Watch this space for more - and get in touch if your school would like to know more from the EPS.

## EPS 2025/2026 Brochure

Click [here](#) to see our range of training opportunities and traded hours packages.



## UPCOMING TRAINING...

Click for more details and how to book:

- **22nd Oct** - [Activated Learning](#)
- **5th Nov** - [Supporting pupils with extreme demand avoidance](#)
- **19th Nov** - [Precision Monitoring](#)
- **3rd Dec** - [Trauma Informed Intervention](#)

All upcoming training can be found [here](#)

Fully funded LBS training delivered by EPS 25/26. Click [here](#) for course details, dates and to book.



**Last chance to join ALIST training 25/26. Starts 15th Oct. Click [here](#) for more info.**



There are places available for ELSA training starting November 2025. Click [here](#) for more info on being an ELSA and how to book.

