



ATTENTION & CONCENTRATION

Attention and concentration difficulties in children refer to challenges in focusing, sustaining attention, or maintaining concentration on tasks or activities that are appropriate for their age. These difficulties can affect a child's ability to complete schoolwork, follow instructions, or participate in social activities.

MindEd

The ADHD Foundation

These websites offer valuable advice and practical tips to help children who are experiencing difficulties with friendships, making it easier for them to develop and maintain healthy relationships. There are also some books you might like to try

Contact

YoungMinds

ADDISS

NHS - ADHD

